**Name of service/organisation –**

**Dial Gt Yarmouth**

**In around 50 words, what does your service provide?**

Reduce cost of supervisor exercise session in the Marina Centre gym and pool on Wednesday mornings. Duration of each session is 1 hour and the programme runs for 6 weeks. After the programme ends a reduce membership is available for the Marina centre.

**Target group**

Anyone age over 18

**Referral process**

Contact the Dial office

**Location/s**

Gt Yarmouth Marina Centre

**Contact**

**Rachael Lacey on 01493 856900**

**Extra contact details**